MAGNA SKILLS DEVELOPMENT INSTITUTE

Capacity Building • Professional Training • Organisational Development

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Course Profile Document

Safety, Health and Environment (SHE)

HIV/AIDS Counselling & Youth Sexuality

Prepared as a professional course profile for delegate review, sponsorship approval and organisational training planning.

COURSE CODE	DELIVERY	DURATION	PREPARED FOR
MSD2584	**Online / Face-to-Face**	**Flexible**	**Organisation Approval**

Register for this Course

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Course Overview

This course is geared towards examining the source, effect and the management of HIV/AIDS infection. The origin of AIDS and HIV is still a puzzle.HIV counselling aims at enabling the client to cope with stress and take personal decision relating to HIV/AIDS.

HIV/AIDS Counselling is a confidential communication between the client and counsellor. This is aimed at encouraging the client to cope with the stress. As such, counselling focuses on the prevention, coping behaviour, support and emotional balance of the client.

Course Outcomes

- Define counselling and HIV/AIDS.
- Identify sources of infection
- Highlight adolescents risk behaviour that causes HIV.
- Explain the impact of HIV/AIDS on clients.
- Enumerate various ways in the management of HIV infection.
- List at least 5 supportive managements.
- Identify the difference between HIV and AIDS.

Course Outline / Curriculum

Concepts of HIV/AIDS

- Define Counselling
- Define HIV/AIDS
- Explain the differences between HIV/AIDS

Sources of Infection

- Define HIV/AIDS
- Explain the modes of HIV Transmission
- Highlight some signs and symptoms of HIV.

Characteristics of Adolescent

- Describe in details the developmental changes in adolescent.
- Specify some characteristics of an adolescent.
- Specify some various needs of an adolescent

HIV/AIDS and the Adolescents Risk Behaviour

- Define the word adolescence.
- Identify five (5) adolescent risk behaviours.
- Explain the meaning of risk behaviour

Adolescent Risk Behaviour

- Identify 5 adolescents risk behaviour.
- Specify some factors that influence adolescent risk behaviour.
- Explain 3 adolescents risk behaviour.

Sign and symptoms of HIV/AIDS

- List 2 signs of HIV Infection.
- Specify the difference between HIV and AIDS.
- Explain the signs of AIDS

Impacts of HIV/AIDS on Adolescent

- List 6 effects of HIV/AIDS on an adolescent.
- Explain 3 effects of HIV/AIDS Infection on an adolescent.
- In what ways can a counsellor assist HIV/AIDS infected client?

Methods of HIV/AIDS Prevention

- Identify some preventive method.
- Identify and explain some positive behaviour which can lead to the prevention of HIV infection.
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Specify those who need preventive methods.

Management of HIV related disease(s).

- Specify some medical methods for HIV infection management
- Specify other sources of HIV management.
- Enumerate how other sources of management have worked.

Supportive Management Methods.

- List and explain what is meant by supportive management.
- Specify four (4) methods of supportive management processes.
- Explain the importance of a counsellor in the management process.

HIV/AIDS Awareness Programmes

- Explain the importance of HIV Awareness programme.
- Highlight some programmes that have been organised.
- Specify some cultural barriers to such awareness programme

Stigmatization of HIV/AIDS Patient.

- Define stigmatization.
- Specify the effect of stigmatization on HIV Patient.
- Specify the rights of an HIV patient.
- Identify the place of a counsellor in the management of HIV patient.

HIV/AIDS Counselling.

- Define Counselling
- Define HIV/AIDS Counselling.
- Specify some characteristics of HIV/AIDS Counselling skills.

Target Audience

HIV/AIDS Counselling & Youth Sexuality

Key Course Benefits

Work-Ready Skills

Delegates leave with practical tools, templatesand methods they canapply immediately atwork.

Better Institutional Results

The programme supports stronger planning, reporting, compliance, accountability andservice delivery.

Sponsor-Friendly

This document isdesigned to helpsupervisors, HR units andsponsors approve delegate participation quickly.

ProfessionalRecognition

Delegates receivetraining documentationand a certificate ofcompletion aftersuccessful participation.

Our Training Centres & Delivery Options

Magna Skills offers flexible delivery through face-to-face training centres across Africa and beyond, plus Online / E-Learning for delegates who prefer remote participation.

Southern Africa

Practical training destinations with strong travel access and delegate support.

Pretoria, South Africa

Vic Falls, Zimbabwe

Livingstone, Zambia

East Africa

Popular regional centres for government, NGO and donor-funded project teams.

Kigali, Rwanda

Kampala, Uganda

Nairob

Zanzibar, Tanzania

West Africa & Islands

Strategic locations for regional networking and executive capacity building.

Accra, Ghana

Port Louis, Mauritius

International Executive Venue

Premium destination training for senior teams and international delegates.

Dubai, United Arab Emirates

Online / E-Learning

Attend from anywhere through live online, blended or self-paced learning options.

Online, E-Learning

Remote Teams

Flexib

Organisation-Based Training

Magna Skills can also arrange dedicated in-house training for ministries, NGOs and companies.

Onsite

Custom Dates

Group Training

Ready to Nominate Delegates?

Use the links below to register, review the live course page or contact Magna Skills for organisation-based training support.

Register / Apply Online

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About Magna Skills

Magna Skills Development Institute provides practical capacity building programmes for government departments, NGOs, public institutions, donor-funded projects and private sector professionals across Africa. Our training approach combines expert facilitation, real workplace case studies, practical tools, post-training support and professional documentation that helps organisations strengthen staff performance and service delivery.

Government Training | NGO Capacity Building | Corporate Workshops | Online Learning | Face-to-Face Training | Certifica

Approval & Authorisation Form

This section may be completed by the organisation, department, HR office, finance office or sponsor approving delegate participation. It can be attached to an internal memo, procurement request or training approval submission.

Organisation / Department	
Delegate Name(s)	
Approved Course	HIV/AIDS Counselling & Youth Sexuality
Preferred Delivery Mode	☐ Online ☐ Face-to-Face ☐ Organisation-Based Training
Preferred Training Venue / Date	
Estimated Number of Delegates	
Budget / Vote Number	
Contact Person	
Email / Mobile	

Authorised Name _____ Signature / Stamp _____ Date _____