MAGNA SKILLS DEVELOPMENT INSTITUTE

Capacity Building • Professional Training • Organisational Development

Generated: 09-Nov-2026

Course Profile Document

Safety, Health and Environment (SHE)

Occupational Health and Safety

Prepared as a professional course profile for delegate review, sponsorship approval and organisational training planning.

COURSE CODE	DELIVERY	DURATION	PREPARED FOR
MSD2743	**Online / Face-to-Face**	**Flexible**	**Organisation Approval**

Register for this Course

View Online Course Page

Course Overview

Magna Skills is proud to introduce the Occupational Health and Safety Excellence course, designed to empower professionals with the knowledge and skills needed to create a safe and healthy work environment. This program covers a comprehensive range of topics, from risk assessment to emergency response planning, ensuring participants are well-equipped to champion occupational health and safety within their organizations.

Course Outcomes

Upon completion of the course, participants will:

1. **Understand OHS Principles:**
   - Gain a solid understanding of the principles and importance of occupational health and safety.
   - Recognize the legal and ethical responsibilities associated with workplace safety.
2. **Conduct Risk Assessments:**
   - Develop skills in identifying workplace hazards and conducting thorough risk assessments.
   - Implement effective risk mitigation strategies.
3.

Safety Culture and Communication:

- Foster a culture of safety within the organization.
- Enhance communication strategies for effective safety awareness.

4. **Emergency Preparedness and Response:**
   - Plan and implement emergency response procedures.
   - Conduct drills and simulations to ensure preparedness.
5. **Ergonomics and Workplace Design:**
   - Understand the principles of ergonomics for a healthier workplace.
   - Implement design strategies for improved worker well-being.

Course Outline / Curriculum

Module 1: Introduction to Occupational Health and Safety

- Principles and importance of occupational health and safety
- Legal and ethical responsibilities in workplace safety

Module 2: Risk Identification and Assessment

- Identifying workplace hazards
- Conducting thorough risk assessments

Module 3: Safety Culture and Communication

- Fostering a culture of safety
- Enhancing communication for effective safety awareness

Module 4: Emergency Preparedness and Response

- Planning and implementing emergency response procedures
- Conducting drills and simulations

Module 5: Ergonomics and Workplace Design

- Principles of ergonomics for a healthier workplace
- Implementing design strategies for improved well-being

Module 6: Health and Safety Legislation and Compliance

- Overview of relevant health and safety legislation
- Strategies for ensuring compliance within the organization

Module 7: Occupational Health and Wellness Programs

- Designing and implementing health and wellness initiatives
- Strategies for promoting employee well-being

Module 8: Chemical and Hazardous Materials Management

- Handling and managing chemical substances safely
- Implementing effective hazardous materials management

Module 9: Incident Investigation and Reporting

- Conducting thorough incident investigations
- Developing comprehensive incident reports

Module 10: Continuous Improvement in OHS - Establishing mechanisms for continuous improvement - Implementing feedback loops for ongoing safety enhancements

This comprehensive course is tailored for individuals and organizations committed to creating a safe and healthy work environment. The modules cover essential aspects of occupational health and safety, providing a solid foundation for participants to excel in OHS practices.

Target Audience

- Company Management
- Supervisory Personeel
- Human Resource Professionals
- Health and Safety Representatives,
- Union representatives,
- Health and Safety Committee Members,
- Possible co-opted members,
- Persons involved with the day to day activities of Health and Safety Representative and Committees

Key Course Benefits

Work-Ready Skills

Delegates leave with practical tools, templates and methods they can apply immediately at work.

Better Institutional Results

The programme supports stronger planning, reporting, compliance, accountability and service delivery.

Sponsor-Friendly

This document is designed to help supervisors, HR units and sponsors approve delegate participation quickly.

Professional Recognition

Delegates receive training documentation and a certificate of completion after successful participation.

Our Training Centres & Delivery Options

Magna Skills offers flexible delivery through face-to-face training centres across Africa and beyond, plus Online / E-Learning for delegates who prefer remote participation.

Southern Africa

Practical training destinations with strong travel access and delegate support.

- Pretoria, South Africa
- Vic Falls, Zimbabwe
- Livingstone, Zambia

East Africa

Popular regional centres for government, NGO and donor-funded project teams.

- Kigali, Rwanda
- Kampala, Uganda
- Nairobi,
- Zanzibar, Tanzania

West Africa & Islands

Strategic locations for regional networking and executive capacity building.

- Accra, Ghana
- Port Louis, Mauritius

International Executive Venue

Premium destination training for senior teams and international delegates.

- Dubai, United Arab Emirates

Online / E-Learning

Attend from anywhere through live online, blended or self-paced learning options.

- Online, E-Learning
- Remote Teams
- Flex

Organisation-Based Training

Magna Skills can also arrange dedicated in-house training for ministries, NGOs and companies.

- Onsite
- Custom Dates
- Group Training

Ready to Nominate Delegates?

Use the links below to register, review the live course page or contact Magna Skills for organisation-based training support.

Register / Apply Online | **View Full Course Page**

About Magna Skills

Magna Skills Development Institute provides practical capacity building programmes for government departments, NGOs, public institutions, donor-funded projects and private sector professionals across Africa. Our training approach combines expert facilitation, real workplace case studies, practical tools, post-training support and professional documentation that helps organisations strengthen staff performance and service delivery.

Government Training | NGO Capacity Building | Corporate Workshops | Online Learning | Face-to-Face Training | Certifica

Approval & Authorisation Form

This section may be completed by the organisation, department, HR office, finance office or sponsor approving delegate participation. It can be attached to an internal memo, procurement request or training approval submission.

Organisation / Department	
Delegate Name(s)	
Approved Course	Occupational Health and Safety
Preferred Delivery Mode	☐ Online ☐ Face-to-Face ☐ Organisation-Based Training
Preferred Training Venue / Date	
Estimated Number of Delegates	
Budget / Vote Number	
Contact Person	
Email / Mobile	

Authorised Name _____ Signature / Stamp _____ Date _____