MAGNA SKILLS DEVELOPMENT INSTITUTE

Capacity Building • Professional Training • Organisational Development

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Course Profile Document

Safety, Health and Environment (SHE)

Public Health

Prepared as a professional course profile for delegate review, sponsorship approval and organisational training planning.

COURSE CODE	DELIVERY	DURATION	PREPARED FOR
MSD2817	**Online / Face-to-Face**	**Flexible**	**Organisation Approval**

Register for this Course

View Online Course Page

Course Overview

The Public Health course offered by Magna Skills provides participants with a comprehensive understanding of public health principles, practices, and interventions aimed at promoting and protecting the health of communities. This course covers a range of topics, including epidemiology, health promotion, disease prevention, healthcare policy, and global health issues, equipping participants with the knowledge and skills needed to address public health challenges effectively.

Course Outcomes

- 1. **Understanding Public Health Concepts:** Gain a solid understanding of the core concepts, principles, and goals of public health, including disease prevention, health promotion, and health equity.
  2. **Epidemiological Methods and Surveillance:** Learn epidemiological methods for investigating disease outbreaks, conducting surveillance, and analyzing health data to inform public health decision-making.
  3. **Health Promotion and Behavior Change:** Explore strategies for promoting healthy behaviors and preventing chronic diseases through health education, community outreach, and behavior change interventions.
  4.

Healthcare Policy and Systems: Understand the role of healthcare policy and systems in shaping public health outcomes, including healthcare financing, delivery, and access to services.

5. **Global Health Challenges:** Examine global health issues such as infectious diseases, maternal and child health, environmental health, and emerging pandemics, and explore strategies for addressing them at the local, national, and international levels.

Course Outline / Curriculum

Module 1: Introduction to Public Health

- Definition and scope of public health
- Historical development of public health and key milestones

Module 2: Epidemiology and Disease Surveillance

- Principles of epidemiology and disease transmission
- Methods for disease surveillance and outbreak investigation

Module 3: Health Promotion and Disease Prevention

- Theories of health behavior change
- Strategies for health promotion and disease prevention

Module 4: Healthcare Policy and Systems

- Overview of healthcare systems and financing models
- Health policy development and implementation

Module 5: Environmental Health and Safety

- Environmental factors influencing health outcomes
- Strategies for promoting environmental health and safety

Module 6: Maternal and Child Health

- Maternal and child health indicators and outcomes
- Interventions to improve maternal and child health

Module 7: Infectious Disease Control

- Principles of infectious disease control and prevention
- Vaccination programs and disease eradication efforts

Module 8: Chronic Disease Management

- Epidemiology of chronic diseases (e.g., cardiovascular disease, diabetes)
- Strategies for chronic disease prevention and management

Module 9: Health Equity and Social Determinants of Health

- Social determinants of health and health disparities
- Strategies for promoting health equity and addressing social determinants

Module 10: Global Health Issues

- Global health challenges and priorities
- International partnerships and initiatives for global health improvement

The Public Health course equips participants with the knowledge and skills needed to address public health challenges effectively and contribute to the promotion of health and well-being in communities. Through a combination of theoretical learning, case studies, practical exercises, and discussions, participants will develop a comprehensive understanding of public health principles and practices and gain the expertise required to work in various public health settings, including government agencies, non-profit organizations, and healthcare institutions

Target Audience

This course is aimed at health managers, community health workers, community health volunteers, nutritionists, development practitioners and other health professionals who are responsible for enhancing community health.

Key Course Benefits

Work-Ready Skills

Delegates leave with practical tools, templates and methods they can apply immediately at work.

Better Institutional Results

The programme supports stronger planning, reporting, compliance, accountability and service delivery.

Sponsor-Friendly

This document is designed to help supervisors, HR units and sponsors approve delegate participation quickly.

Professional Recognition

Delegates receive training documentation and a certificate of completion after successful participation.

Our Training Centres & Delivery Options

Magna Skills offers flexible delivery through face-to-face training centres across Africa and beyond, plus Online / E-Learning for delegates who prefer remote participation.

Southern Africa

Practical training destinations with strong travel access and delegate support.

- Pretoria, South Africa
- Vic Falls, Zimbabwe
- Livingstone, Zambia

East Africa

Popular regional centres for government, NGO and donor-funded project teams.

- Kigali, Rwanda
- Kampala, Uganda
- Nairobi,
- Zanzibar, Tanzania

West Africa & Islands

Strategic locations for regional networking and executive capacity building.

- Accra, Ghana
- Port Louis, Mauritius

International Executive Venue

Premium destination training for senior teams and international delegates.

- Dubai, United Arab Emirates

Online / E-Learning

Attend from anywhere through live online, blended or self-paced learning options.

- Online, E-Learning
- Remote Teams
- Flex

Organisation-Based Training

Magna Skills can also arrange dedicated in-house training for ministries, NGOs and companies.

- Onsite
- Custom Dates
- Group Training

Ready to Nominate Delegates?

Use the links below to register, review the live course page or contact Magna Skills for organisation-based training support.

Register / Apply Online | **View Full Course Page**

About Magna Skills

Magna Skills Development Institute provides practical capacity building programmes for government departments, NGOs, public institutions, donor-funded projects and private sector professionals across Africa. Our training approach combines expert facilitation, real workplace case studies, practical tools, post-training support and professional documentation that helps organisations strengthen staff performance and service delivery.

Government Training | NGO Capacity Building | Corporate Workshops | Online Learning | Face-to-Face Training | Certifica

Approval & Authorisation Form

This section may be completed by the organisation, department, HR office, finance office or sponsor approving delegate participation. It can be attached to an internal memo, procurement request or training approval submission.

Organisation / Department	
Delegate Name(s)	
Approved Course	Public Health
Preferred Delivery Mode	☐ Online ☐ Face-to-Face ☐ Organisation-Based Training
Preferred Training Venue / Date	
Estimated Number of Delegates	
Budget / Vote Number	
Contact Person	
Email / Mobile	

Authorised Name _____ Signature / Stamp _____ Date _____